

Joy Learman, Ph.D., MSSW

joy.learman@gmail.com

203-415-8814

EDUCATION

- August 2013 The University of Texas at Austin, Austin, Texas
Doctor of Philosophy in Social Work
Certificate in the Portfolio Program in Women's and Gender Studies
Dissertation: Narratives of HIV positive African immigrant women: The role of gender-based violence and inequality on their reproductive health and disease status
Co-Chairs: Drs. Noël Busch-Armendariz and King Davis
Committee: Drs. Gloria González-López; Michele Rountree; and Dnika Travis
- October 2001 Columbia University, New York, New York
Master of Science in Social Work
Concentration in Policy
Minor in International Social Welfare
- December 1998 Brigham Young University, Provo, Utah
Bachelor of Social Work

TEACHING INTERESTS

Social Welfare Policy, Human Diversity & Social Justice, Generalist Social Work Practice with Macro Systems, Ecofeminism & Environmental Justice, Violence Across the Lifespan, and Social Work Research Methods

RESEARCH INTERESTS

Gender-based violence, sexual violence, racial equity and inclusion, and environmental justice

TEACHING EXPERIENCE

- August 2018-
July 2021 *Associate Professor*
Department of Psychology & Social Work, Meredith College
- Taught the following undergraduate courses: Social Welfare Policy; Human Diversity & Social Justice; Generalist Social Work Practice with Macro Systems; Social Work Research Methods; Human

Behavior in the Social Environment; Violence Across the Lifespan; and Ecofeminism & Environmental Justice

- Integrated a variety of teaching methods, such as class exercises, lectures, student-led group discussions, analyses of current events, and multi-media course material
- Provided ongoing advising and mentoring to students
- Developed a new course exploring environmental justice
- Helped organize program special events and attended recruitment events
- Served as a faculty mentor in the Compassion Cohort, a group of faculty, administrators and students set up by the Meredith College Chaplain to discuss racial inequality
- Served as an elected member of the Meredith College Faculty Council and advocated for the adoption of a campus-wide diversity statement which was passed in Spring 2021

August 2013-
August 2018

Social Work Program Director & Assistant Professor

Department of Psychology & Social Work, Meredith College

- Taught the following undergraduate courses: Generalist Social Work Practice with Macro Systems; Generalist Social Work Practice with Families and Groups; Human Diversity & Social Justice; Social Welfare Policy; Social Work Research Methods; and Violence Across the Lifespan
- Completed the Program Director Academy presented by the Council on Social Work Education Leadership Institute
- Ensured compliance with Council on Social Work Education requirements
- Guided the program through the re-accreditation process with the Council on Social Work Education
- Served as program assessment liaison
- Conducted two summer research projects: an asset-based community needs assessment for Latinx students on campus and a similar assessment for Latinx community members in an underserved neighborhood in Raleigh, NC
- Updated program curriculum
- Oversaw process of applying to the Social Work Program
- Reviewed and revised academic policies and procedures
- Scheduled courses and hired adjuncts, as necessary
- Oversaw program budget
- Helped organize program special events and attend recruitment events
- Worked collaboratively with Director of Field Education to confirm students entering their field placements are prepared academically, professionally and emotionally
- Served as advisor to college chapter of the Phi Alpha Honor Society

January 2011-
May 2013

Assistant Instructor

School of Social Work, The University of Texas at Austin

- Taught the following undergraduate courses: Social Welfare Programs, Policies and Issues; Foundations of Social Justice; Social Work Research Methods; and Social Work Practice with Groups
- Updated course readings and assignments
- Provided extensive feedback to students on written assignments
- Utilized creativity and flexibility to engage a large class of diverse students

August 2008-
December 2010

Teaching Assistant for Drs. Rountree, Thompson and Travis

School of Social Work, The University of Texas at Austin

- Offered extensive feedback to students on assignments and class projects in BSW and MSSW courses
- Managed classroom communication, materials, and electronic reserves
- Graded undergraduate writing assignments

RESEARCH EXPERIENCE

Summer 2017

Principal Investigator

Social Work Program, Meredith College

- Conducted an asset-based community needs assessment at Meredith College to learn more about the strengths and needs of our Latinx students
- Supervised two undergraduate research students
- Analyzed research data and utilize findings to inform Meredith College's support of Latinx students
- Shared findings with administrators, staff and faculty in order to promote implementation of study recommendations

Summer 2016

Principal Investigator

Social Work Program, Meredith College

- Conducted an asset-based community needs assessment for Latinx community members in an underserved neighborhood in Raleigh, NC
- Worked collaboratively with a local grassroots organization
- Led research team in project planning activities
- Supervised two undergraduate research students and two Wake Young Women's Leadership Academy early college students
- Facilitated student involvement in advocacy activities led by our community partners
- Analyzed research data and utilize findings to inform Meredith College community engagement efforts

January 2009-
May 2013

Co-Investigator
Faith Partners, Inc.

- Reviewed and revised evaluation tools and protocols
- Assisted in the management of data
- Analyzed data utilizing statistical software
- Prepared project-related reports, academic manuscripts and presentations
- Served on the project Advisory Committee
- Assisted in preparing a successful grant application to the Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Prevention (CSAP)

June 2010-
August 2010

Research Assistant for Dr. Michele Rountree
School of Social Work, The University of Texas at Austin

- Conducted research on the substance abuse and mental health needs of people living with HIV/AIDS (PLWHA)
- Reported on a statewide HIV evaluation project
- Assisted in writing and preparing academic manuscripts

June 2009-
August 2010

Research Assistant
The Health Behavior Research and Training Institute, Center for Social Work Research, The University of Texas at Austin

- Worked as member of a research team on studies funded by the National Institute on Drug Abuse and the Center for Disease Control and Prevention
- Assisted in the preparation of grant reports, as well as documents for submission to the university's Institutional Review Board
- Participated in project planning activities
- Screened and assessed patients in a hospital trauma unit as part of a federally funded research project

2002

Assistant to Dr. Ronald Mincy
Columbia University, School of Social Work, New York, NY

- Conducted various administrative tasks and accounting activities for the Fragile Families Project funded by the Ford Foundation
- Led grant management tasks, including grant reporting, budgeting and communication
- Edited grant reports, as well as manuscripts for peer-review

2001-2002

Research Aide
Department of Applied Economics, Cornell University

- Provided research assistance on topics such as agricultural economics, international food aid, and environmental resource management
- Copy-edited and prepared books for publication

UNIVERSITY SERVICE

- 2019-2021 *Member, At-Large Associate Professor*
Faculty Council, Meredith College
- Nominated and selected by peers to provide consultation and leadership on topics affecting Meredith College faculty members
 - Advocated for the adoption of a campus-wide diversity statement which was adopted in Spring 2021
- 2017-2019 *Member*
Teacher Education Committee, Meredith College
- Provided input and feedback to the Department of Education on matters related to the teacher education curriculum
- 2013-2019 *Advisor*
Phi Alpha Honor Society, Meredith College Chapter
- Recruited social work students as members of the honor society and coordinate their membership
 - Assisted the honor society in planning events of academic and professional value to social work students, such as alumnae panels
- 2016-2017 *Member*
Civil Communication Committee, Meredith College
- Worked to create a climate of engagement and civil dialogue on campus
 - Presented workshops to facilitate students' communication skills in managing difficult conversations
- 2016-2017 *Advisor*
Social Work Club, Meredith College Chapter
- Supported student-led service projects and awareness activities
 - Assisted the club in setting priorities and increasing visibility
- 2016-2017 *Member*
Honors Program Committee, Meredith College
- Supported the work of the Honors Program
 - Participated in Scholar's Weekend to interview prospective students
- 2014-2017 *Member*
Community Engagement Committee, Meredith College
- Worked to create a climate supportive of integrating community engagement activities into courses across campus
 - Contributed input into the development of a Service Scholars program

- 2008-2010 *Member*
The University of Texas Interpersonal Violence Committee
- Attended trainings and worked collaboratively to prevent and address interpersonal violence on campus

- 2009 *Mentor*
Intellectual Entrepreneurship Pre-Grad Internship, The University of Texas at Austin
- Assisted undergraduate student in exploring future academic and career opportunities in the fields of social work, policy and theology

PRACTICE EXPERIENCE

- 2021-CURRENT *Behavioral Health Coach*
Headspace Health, Los Angeles, CA (Remote)
- Provide behavioral health coaching for adult members on a wide range of topics including but not limited to: anxiety, depression, grief, trauma triggers, processing emotions, motivation, and focus
 - Support members in creating behavioral change in areas related to mental health, relationships and careers
 - Conduct risk assessments for suicidal ideation, self-harm, intimate partner violence, and substance use
 - Assist members in building mindfulness and cognitive restructuring skills to address presenting problems
 - Collaborate with team members to crowdsource coaching strategies and share resources

- 2006-2008 *Institute Administrator*
Houston-Galveston Psychoanalytic Institute, Houston, TX
- Directed psychoanalytic training institute with 44 faculty members and 28 trainees
 - Served as an Advisor to the Board President
 - Oversaw administrative operation, including communications, budgeting, accounting, conducting payroll, reporting to national association, and event planning
 - Managed trainee and faculty database, as well as academic records
 - Coordinated, facilitated and supported the work of the Board of Directors and various active committees
 - Worked on a committee to design agency's first development plan and outreach strategy

- 2004-2006 *Development Director*
Colorado Coalition Against Domestic Violence, Denver, CO
- Developed a long-range development plan for the coalition, as well as an annual development plan

- Collaborated closely with staff, board and community members in the creation of a long-term strategic plan
- Wrote federal, state, foundation and corporate grant proposals and reports
- Acted as Staff Co-Liaison to the Survivors' Task Force
- Partnered with the Colorado Domestic Abuse Assistance Program to conduct statewide marketing of the Domestic Abuse Fund
- Increased awareness of domestic violence issues through marketing and public relations
- Assisted in the development of an agency budget, as well as various project budgets

2002-2004

Senior Program Associate

Palladia, Inc., New York, NY

- Wrote federal, state, and city government grants, as well as foundation and corporate grants for program areas including: domestic violence; substance abuse treatment; HIV/AIDS prevention and treatment; temporary and permanent supportive housing; and alternatives to incarceration programs
- Assisted the Executive Committee in strategic planning
- Designed, planned and developed evaluation strategies for multi-million dollar agency programs
- Coordinated development projects
- Facilitated inter-agency collaborations
- Reported on grant activities

2000-2001

Graduate Social Work Intern

American Jewish World Service, New York, NY

- Contributed to the selection of international grantees and technical assistance recipients
- Maintained grant database
- Researched topics such as microcredit, debt relief, and HIV/AIDS
- Assisted in the administration of the international volunteer corps

1998-1999

Volunteer Coordinator/Parish Outreach Worker

Catholic Charities, Refugee Resettlement Services, Syracuse, NY

- Expanded a resettlement volunteer program and training curriculum
- Designed an English as a Second Language volunteer training program
- Conducted outreach to community organizations and faith communities to recruit volunteers
- Taught English as a Second Language and citizenship exam preparation classes to refugees and immigrants

PUBLICATIONS

Podcasts

Learman, J. (2017, October 9). Episode 225 - Gender-Based Violence and HIV Infection: Experiences of HIV-Positive African Immigrant Women. *in SocialWork® Podcast Series*. [Audio Podcast] Retrieved from <http://www.insocialwork.org/episode.asp?ep=225>

Journal Articles

Tesh, M., **Learman, J.**, & Pulliam, R. M. (2013). Mindful Self-Compassion Strategies for Survivors of Intimate Partner Abuse. *Mindfulness, 4(3)*, online.

Montgomery, K. L., Kim, J. S., Springer, D.W., & **Learman, J.** (2013). Systematic review of mindfulness interventions with adolescents: A potential fit for delinquency intervention. *Best Practices in Mental Health, 9*, 1-19.

von Sternberg, K., Berger Cardoso, J., Jun, J., **Learman, J.**, & Velasquez, M. (2012). An examination of the path between recent sexual violence and sexually transmitted infections. *Women's Health Issues, 22(3)*, e283-e292.

Travis, D.J., **Learman, J.**, Brooks, D., Merrill, T., & Spence, R.T. (2012). The faith community, substance abuse, and readiness for change: A national study. *Journal of Social Service Research, 38(2)*, 231-242.

Fowler, D., Faulkner, M., **Learman, J.** & Runnels, R. (2011). The influence of spirituality on service utilization and satisfaction for women residing in a domestic violence shelter. *Violence Against Women, 17(10)*, 1244-1259.

Book Chapters

Learman, J. & Thompson, S. (2012). Examining the relationship between intimate partner abuse and high-risk pregnancies. In L.V. Berhardt (Ed.), *Advances in Medicine and Biology. Vol. 28.* (249-266). Hauppauge, NY: Nova Science Publishers, Inc.

Technical Reports

Rountree, M., Pomeroy, E., Runnels, R., & **Learman, J.** (2010). *Capacity building project to serve the mental health and substance abuse needs of HIV infected persons in Texas: Analysis of previous HIV jurisdictions/providers needs assessments*. Submitted to the Texas Department of State Health Services.

Travis, D. & **Learman, J.** (2010). *Building evaluation capacity for evidence-based interventions: Congregational survey findings*. Submitted to Faith Partners, Inc. and the Substance Abuse and Mental Health Services Administration.

Reviews

Learman, J. (2014). Peer-review of a manuscript submitted to the journal, *Journal of Family Issues*.

Learman, J. (2013). Peer-review of a manuscript submitted to the journal, *AFFILIA: Journal of Women and Social Work*.

Learman, J. (2010). Review of the book *Development with a body: Sexuality, human rights, and development*, by S. Corrêa, A. Cornwall, & S. Jolly (Eds). *Intersections: Women's and Gender Studies in Review across Disciplines*, 8, 134-136.

Other

Learman, J. (Fall 2017). A social worker's perspective on Feminism. *Meredith Magazine*, 42(3), p.8.

PRESENTATIONS

International

Learman, J., Jun, J., & Berger Cardoso, J. (September 11, 2011). *Examining the path between sexual violence and sexually transmitted infections: The mediating role of multiple partners*. Paper presented to International Conference on Violence, Abuse and Trauma, San Diego, CA.

National

Learman, J. (November, 6, 2016). *Gender-based Violence and HIV Infection: Experiences of HIV Positive African Immigrant Women*. Paper presented to the Council on Social Work Education (CSWE), Atlanta, GA.

Berger Cardoso, J., Jun, J. & **Learman, J.** (October 29, 2011). *Multiple partners: Mediating the pathways between sexual violence and sexually transmitted infections*. Paper presented to the Council on Social Work Education (CSWE), Atlanta, GA.

Montgomery, K.L., Kim, J.S., **Learman, J.**, & Springer, D.W. (October 29, 2011). *Mindfulness therapies for adolescent psychological illness: A systematic review*. Paper presented to the Council on Social Work Education (CSWE), Atlanta, GA.

Brooks, D., Travis, D., & **Learman, J.** (September 23, 2011). *The faith community, substance abuse, and readiness for change: A national study*. Paper presented to the National Prevention Network: Affiliate of the National Association of State Alcohol and Drug Abuse Directors, Inc., Atlanta, GA.

Learman, J., & Tesh, M. (June 24, 2011). *Self-compassion: A healing tool for survivors of intimate partner abuse*. Paper presented to the Society for Spirituality and Social Work, Washington, DC.

Learman, J. (October 16, 2010). *The Violence Against Women Act: A feminist policy analysis*. Paper presented to the Council on Social Work Education (CSWE), Portland, OR.

Learman, J., & Berger Cardoso, J. (November 7, 2009). *Resiliency among Latino immigrant families: Implications for social work education*. Paper presented to the Council on Social Work Education (CSWE), San Antonio, TX.

Fowler, D., Faulkner, M., Runnels, R., & **Learman, J.** (June 20, 2009). *The influence of spirituality on service utilization and satisfaction for women residing in a domestic violence shelter*. Paper presented to the Society for Spirituality and Social Work, Los Angeles, CA.

Regional

Learman, J. (May 12, 2016). *Gender-based violence and HIV infection: Experiences of HIV positive African immigrant women living in the United States*. Paper presented to The New Global City Conference: Presenting and Translating Culture within a Worldwide Citizenry, Wilmington, NC.

Learman, J. (December 1, 2011). *Peace, love and latex*. Panel discussant for the World AIDS Day commemoration, Texas State University, San Marcos, TX.

Rountree, M., Goldbach, J., Runnels, R., & **Learman, J.** (October 22, 2010). *Screening and treatment of mental health and substance abuse needs of HIV-infected individuals in Texas: Key component of HIV care*. Paper presented to the NAMI Texas 26th Annual State Conference, Dallas, TX.

Rountree, M., Pomeroy, E., Runnels, R., & **Learman, J.** (May 26, 2010). *Capacity building project to serve the mental health and substance abuse needs of HIV infected persons in Texas: Analysis of previous HIV jurisdictions/providers needs assessments*. Paper presented to the 17th Texas HIV/STD Conference, Austin, TX.

Learman, J. (April 17, 2010). *Feminists of color: Perspectives on sexual violence*. Paper presented to the Feminist Action Project conference, The University of Texas at Austin, Austin, TX.

Learman, J. (February 19, 2010). *The Violence Against Women Act*. Paper presented to the 17th Annual Emerging Scholarship in Women's and Gender Studies Conference, The University of Texas at Austin, Austin, TX.

POSTER PRESENTATIONS

Montgomery, K.L, Kim, J.S., **Learman, J.** & Springer, D. (January 14, 2012). *Impact of mindfulness interventions with adolescents: A systematic review*. Poster presented at the Society for Social Work Research (SSWR), Washington, DC.

Travis, D.J., **Learman, J.**, Brooks, D., & Spence, R. (January 13, 2012). *Assessing program fidelity of a faith community leadership training to support recovery from substance use disorders*. Poster presented at the Society for Social Work Research (SSWR), Washington, DC.

Berger Cardoso, J., Thompson, S. & **Learman, J.** (March 3, 2010). *Factors that contribute to resilience among Latino immigrant families*. Poster presented at the Center for Health Promotion and Disease Prevention Research in Underserved Populations, Austin, TX.

Fowler, D., Faulkner, M., & **Learman, J.** (February 28, 2009). *Impact of sexual violence within abusive intimate relationships*. Poster presented at the Center for Health Promotion and Disease Prevention Research in Underserved Populations, Austin, TX.

TRAININGS

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| 2017 & 2019 | Completed Racial Equity Institute training through Raleigh Organizing Against Racism |
| 2016 | Completed Program Director Academy presented by the Council on Social Work Education Leadership Institute |
| 2010 | Received Graduate Student Instructor Program Teaching Certificate (ASPECTS: Advancing Students' Professional Excellence with Certificates in Teaching Series)
The University of Texas at Austin |

AWARDS AND CERTIFICATES

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| 2017 | Access Award for supporting students with disabilities (<i>student nominated</i>)
Meredith College |
| 2016 | Scholarly Productivity Grant Recipient
Project: Asset-based Community Needs Assessment for the Raleigh Latinx Community (\$1,300)
Meredith College |
| 2014 | Service Award
School of Education, Health & Human Sciences
Meredith College |
| 2012 | Awarded commemorative gift for "support and guidance to students with disabilities" (<i>student nominated</i>) |

Services for Students with Disabilities
The University of Texas at Austin

2011 Texas Exes Teaching Award for the School of Social Work, Teaching Assistant Recipient (*student nominated and selected*), (\$500)
The University of Texas at Austin

1993-1994 Selected as US Exchange Student to Germany
Congress-Bundestag Exchange Program

SCHOLARSHIPS

2010-2011 Helen Farabee Memorial Endowed Presidential Scholarship
The University of Texas at Austin (\$2,500)

2009-2010 Patricia Puig & Joseph P. Mueller Dean's Excellence Fund Fellowship
The University of Texas at Austin (\$2,500)

2008-2009 Patricia Stephens Endowed Presidential Fellowship in Social Work
The University of Texas at Austin (\$3,500)

1995 Academic Scholarship
Brigham Young University

GRANTS

2004-2006 On behalf of the Colorado Coalition Against Domestic Violence, Denver, CO

- Successfully received 7 federal and state grants
- Successfully received 5 grants from private foundations
- Raised approximately \$470,000 per year
- Received over \$680,000 in funding through the Rural Violence Against Women Act
- Received over \$230,000 in funding through the Federal Violence Prevention and Services Act

2002-2004 As part of development team on behalf of Palladia, Inc., New York, New York

- Successfully received 10 federal and city grants
- Successfully received 5 grants from private foundations
- Raised approximately \$5,600,000 per year
- Was awarded a \$1.5M contract from the City of New York to operate a women's homeless shelter

COMMUNITY SERVICE

- April 1, 2019 *Testifier*
North Carolina Senate Committee on Health and Human Services
- Provided testimony against Senate Bill 359
- 2014-2015 *Member of Capital Area Rally for Recovery Planning Committee*
Recovery Communities of North Carolina
- Served as member of Faith Subcommittee working to engage local faith communities in Rally for Recovery events and sponsorship
- 2012-2013 *Member of Mariposa Facilitator Development Program*
Mariposa Foundation
- Participated in extensive facilitator development program through multiple weekend workshops and conference calls
- 2005-2012 *Founding Board Member*
The Collective for Orphan Care and Education, Kenya
- Obtained tax-exempt non-profit status (501(c)3)
 - Led long-term program development and planning efforts
 - Produced marketing materials and designed website
 - Performed financial functions for the organization
 - Sought collaborative partnerships with non-governmental organizations working in Kenya
- 2011-2012 *Hospital Advocate*
SafePlace, Austin, Texas
- Completed 40-hour domestic violence and sexual assault training and 12 hour hospital advocacy training
 - Provided information and support to survivors of sexual assault receiving emergency medical care
- May 6, 2009 *Testifier*
Texas House Committee on Public Health
- Provided testimony regarding House Bill 2221 on emergency contraception for survivors of sexual assault
- 2007-2008 *Hotline Volunteer*
Houston Area Women's Center, Houston, Texas
- Completed 40-hour domestic violence and sexual assault training and 24 hour hotline training
 - Provided domestic violence hotline and referral services

- April 24, 2006 *Testifier*
Colorado Senate Committee of the Judiciary
- Provided testimony regarding House Bill 06-1364 concerning offenses related to the location of a protected person
- 2005-2006 *Volunteer Team Leader*
Lutheran Family Services, Denver, Colorado
- Mentored refugee family and assisted with US resettlement
- 2000 & 1997 *English Instructor*
Perm, Russia and ChungHua, Taiwan
- Prepared lessons, developed curriculum and taught English as a Second Language to children ages 5-13
- 1999 *Volunteer*
Fourth World Movement, Washington, DC
- Participated in a national dialogue around issues related to poverty and their impact on local and national policies
 - Engaged in activities to empower impoverished communities and strengthen their collective voice